

Celebrating 100 years of Queen's XC/T&F

On the weekend of April 9-11, Queen's XC/T&F Alumni will be descending upon Kingston for three major events. Don't miss this opportunity to celebrate with your teammates and friends. Please share the information with your contacts to make this 100 year celebration one to remember.

What:

- XC/T&F 100 Year Home Coming Reunion
- XC/T&F Hall of Fame Induction Ceremony
- World University XC Championships @ Fort Henry, hosted by Queen's

When:

- Friday April 9 to Sunday April 11, 2010

Where:

- Queen's University, Kingston, Ontario, Canada

Who:

- ALL current, past and really past members of the Queen's XC/T&F Community and their families.
- Runners, jumpers and throwers from all over the world come join us!



Rolf Lund Memorial

Activities will include:

- alumni social, banquet, pub night, crud (Alumni from the 70-80's know this)
- tour of the new Queen's Athletics & Recreation Centre and new Tindall Field
- Hall of Fame Induction Ceremony
- Cheer on Canada as we host over 25 Countries on our home course at Fort Henry for the 17th World University Cross Country Championships

How to Get Connected: Below are links to help get you connected and get this celebration started!

- Queen's University T&F/XC Facebook group: <http://www.facebook.com/#/group.php?gid=279102942421>
- FISU XC 2010 Facebook group:
<http://www.facebook.com/#/group.php?gid=278270516964&ref=mf>
- The Official FISU XC 2010 Championship webpage:
<http://www.xc2010.com/> (see "Celebration Gala" under "Events" tab)

Planning to Attend?

RSVP to Head Coach Melody Torcolacci via mt@queensu.ca or at 613-533-6000 x74698. Special hotel rates have been reserved at our partner hotels, check out the website for booking details.

Keep up with who is coming by checking out our Facebook page and website.

Information required:

Name of all those attending (including family, maiden as applicable):

Phone Number:

Event Group (ie. sprints, jumps, throws, distance):

Years on the team:



OWIAA XC Title



Training Camp Tri Race

**If you have a nomination for the Hall of Fame please direct them to Melody ASAP.
Nominations close on Monday March 1st.**

Celebrate 100 years of Queen's XC/T&F history!

Shane Lakins

President - xc2010

